

DATES TO REMEMBER:

- Commissioners Meeting May 1st @ 7:00 PM
- NIMS Training - ICS 700 May 16th



**10th Annual Relay For Life
May 12-13
Tarboro High Athletic Field
6:00 pm - 1:00 PM**

**3rd Annual Women's Day
May 15th
8:30am-3:30pm
Health Dept. Tarboro
Blood Sugars, Cholesterol, Breast Exams, Diet Counseling, et. al.
"Life Savers"
For more info call 641-7511**

BRAIN TEASER

If you are in a dark room with a candle, a wood stove and a gas lamp. You only have one match, so what do you light first?



Which word, if pronounced right, is wrong, but if pronounced wrong is right?

Find the answer on the county website

www.edgecombecountync.gov

Employee Newsletter

APRIL 2006

From the County Manager

Professional Development is very important in any organization. The County will continue to sponsor job related training opportunities such as excel, power point, customer service, conversational Spanish, management and supervision, just to name a few. Employees are encouraged to participate in these skill-building opportunities as they are offered. It is good to keep your skills sharp and learn as much as you can.



I encourage your involvement in Relay for Life.

The main event will be held on May 12th & 13th. Relay teams still have other events and fund raisers planned prior to that. For more information contact the Relay Team leader in your building.



I am working along with Finance to prepare for our upcoming budget. We currently have more requested from the departments than what we have available in the proposed budget. This will be a difficult task for us as always, but with your help and understanding we can do what needs to be done to have a balanced, well-managed budget for FY 06-07.

Lorenzo Carmon

Featured Department - Veterans Services

The purpose of Veterans Services is to assist veterans and their families in the presentation, processing, proof and establishment of claims, privileges, rights and benefits as they may be entitled to under federal, state or local laws. Veterans Services also cooperates with various governmental units and related organizations to serve veterans.

Stephen Bernard and Trina Williams provide on-site counseling and assistance to veterans and their dependents, answer questions about benefits, review VA decisions related to claims, help with filing appeals, and provide other services.

In 2005, Edgecombe County Veterans Services provided assistance to 3,626 veterans

and processed \$9,823,000 in claims and benefits.

Veterans Services provides an invaluable service to our men and women who have fearlessly served our Country.



Veterans' Memorial

The Health Dept. would like to acknowledge Cashonda Shaw for her hard work and dedication to the County. Cashonda has been with the County for 2 years and recently completed her course for a Certified Dental Assistant II. She is also the Coordinator for Random Moment and is working in Health Education. We thank Cashonda for all her hard work and congratulate her on her certification.

*Karen LaChapelle,
Health Director*

Check out the new
Economic Development
and DSS pages on our
website.

www.edgecombecountync.gov

Quote of the Month

*"The best thing about the future
is that it only comes one day at a
time."*

Abraham Lincoln

NIMS Training

Emergency Services is offering National Incident Management System (NIMS) training. All department heads need all 3 levels. All other employees should take at least IS 700.

May 16th IS700

June 6th IS100

June 16th IS100

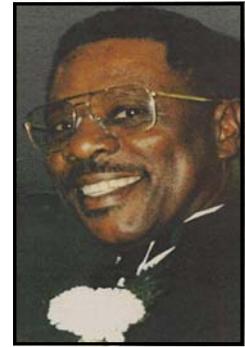
Aug. 8th IS200

Aug 25th IS200

Call George Cherry at 641-7806
for more info.

In Loving Memory of Walter Allen

On March 31st, we all lost a co-worker and many lost a good friend. Walter Allen, who worked for many years in the Maintenance Department, passed after a very brief illness. Walter was born on October 12, 1943 in Edgecombe County. In addition to his many friends, he leaves to mourn his death and cherish his memory his wife Francis and his 10 children. "June" as his family and friends knew him, was educated in Edgecombe County Public Schools. He joined Leggett Chapel Missionary Baptist Church in 1958. He was ordained a Deacon in 1996. He truly loved his family and was always willing to do whatever was needed.



Retirement

The Retirement Systems Division is once again offering small group meetings for employees within **two years of retirement**. Beginning **May 1, 2006**, the meetings will be held on the 4th floor of the Albemarle Building, located at **325 N. Salisbury St. in Raleigh**, on **Tuesdays at 10 am and on Thursdays at 2 pm**. Each meeting will accommodate up to 20 people. Employees who want to attend a meeting should contact the Division at **1-877-627-3287**. If they would like a personal retirement estimate prepared for the group meeting, the employee must provide: leave balances; contract year; estimated amount of Social

Security benefits at age 62; beneficiary name and date of birth; and current address. Free parking for the meetings will be available in the visitor lot of the parking deck beside the Albemarle Building. Attendees should bring their parking ticket stubs to the meeting for validation.

Tricks of the Trade - Improving Work Performance

We often think of decluttering as tossing out or giving away unwanted items. But decluttering our minds is also necessary for effective organization. Try these to declutter your mind: **Let it go**. You are in control of your mind, and only you can determine whether you're going to be happy today, or aggravated and annoyed. **Ease your To Do list**. A long To Do list can be overwhelming. What can be eliminated? If your mind is always filled with

thoughts of EVERYTHING that must be done, it's time to ease your mind and free up your list. **Get it out of your head**. With so much technology available, it's amazing how many people insist on keeping everything they have to do stored in their brains. Take the weight off your head. If it's on your computer, you don't have to remember. The computer remembers for you. **Tell them to go away**. If you're getting interrupted every 5 minutes by

your telephone, friends, co-workers and other distractions, your mind is probably ready to explode. Interruptions cause productivity to plummet. When appropriate, have your answering machine, or an assistant, field your calls while you're trying to get something done. **One simple word--simplify**. Get rid of things you don't need. You'd be truly amazed at the things you could live without! Ease your schedule.

