



Edgecombe County Health Department
a division of the
Edgecombe County Human Services Agency
P.O. Box 100 • 122 E. St. James Street • Tarboro, NC • 27886
252-641-7511



Women, Infants and Children (WIC) Department

WIC is a Special Supplemental Nutrition Program for Women, Infants and Children funded by the U.S. Department of Agriculture

Services:

- WIC Services are FREE!
- Healthy foods: Milk, Juice, Cheese, Eggs, Cereal, Peanut Butter, Dried Beans and Peas, Infant Formula and Infant Cereal
- Nutritional information, Infant Feeding, Nutrition for Healthy Pregnancy, Child Growth and Development, Special Diets and Food Buying
- Breastfeeding Support
- Electric Breast Pump Rental to WIC participants - FREE of Charge

Hours of Service:

The WIC office is open Monday thru Friday, 8am-5pm (Tarboro and Rocky Mount Offices)

Eligibility:

All kinds of families qualify for WIC. You may or may not be working. You may be a student. You may be single or married. You may live with your parents. WIC is for: Pregnant women, Breast-feeding women who have had a baby in the last 12 months, Infants (birth to 1 year), and Children (1 year to 5 years of age)

To qualify you must:

- Meet WIC income guidelines
- Have a health risk factor (based on height/weight measurements, blood test for low iron, health and diet history)
- Applicants must be seen at the WIC site to determine eligibility

Rocky Mount Office • Edgecombe HomeCare and Hospice • Edgecombe Dental Office • Environmental Health
252-985-4100 252-641-7518 252-641-1331 252-641-7573

Appointment Procedure:

You can come to the office to make an appointment, but it is best to call. You must be able to provide Proof of Identification, Residence, and Household Income. Examples are Driver's License, Medicaid Card, Water or Electric Bill, Telephone Bill and Recent Paycheck. *In addition, the person scheduled for the WIC appointment must come to the WIC office as well.*

What Happens at a WIC Visit?

- Your income information will be reviewed
- You will be asked questions about your health and your diet
- Height, weight, and blood test for iron deficiency will be done unless you bring the information from another clinic or doctor's office
- A Nutritionist will review the above information to see if you are eligible for WIC
- Any nutrition problems or questions you have will be discussed
- If eligible, you will be given food instruments to take to the store to get your food

To make an appointment or for more information, call the Edgecombe County WIC Program at:

252-641-7550 or 252-641-7561 (Tarboro)
252-985-1067 (Rocky Mount)

This institution is an equal opportunity program